

MOM & ME

Gym Safety Rules

1. This class is set up for the parents to play an active roll in the class. **Supervision of your child AT ALL TIMES is a MUST.**
2. You are expected to help your child in the learning process. Helping them walk on the beam or hang on the bars will be done with the teacher but as they move to the next beam or bar you need to be there with them. This goes for all of the events and the teacher will let you know what you should be doing with your child.
3. There is a lot of activity in the gym so it is very important to **not let your child wander**. This is for the safety of your child and the other children that may be training in the gym at that time. **Please stay with your group on the event that you are doing.**
4. If it is necessary for your child to get a drink or use the restroom please go with them and make sure they stay with you and do not run off on their own.
5. Do not have your child doing things other than what the class instructor has taught you or them to be doing. A child attempting something without the proper supervision or mats could result in an injury.
6. Never let your child on a piece of equipment without the teacher's or your direct supervision. These children are too young to be doing things without someone near.
7. If these rules are not followed the teacher or gym manager will approach you about your role in the class and the supervision of your child.
8. When class is over you must get your child dressed and leave the gym to make room for the next classes and the safety of all the children in the gym.